

2023-2024 Wellness Policy Revision Activity
Cabot School District

9/18/2023

- Erin Wilkes and Kelly Spencer met to review National & State Wellness Policy guidelines and requirements

9/21/2023

- District Wellness Committee Meeting
 - Discussed Wellness Policy revision that will take place SY 23-24
 - Discussed Wellness Committee Checklist requirements/progress for SY23-24

9/28/2023

- Administrators from each campus reviewed 2022-23 SHI results and BMI results to ensure wellness requirements are in place. Administrators completed ACSIP Wellness Improvement Plans for SY 2023-24 and submitted to Indistar for review. Process was facilitated Kelly Spencer
 - Jenny Blackwell (CE), Madison Darr (SS), Michelle Atherton (MC), Macy Legett (MS), Kelly Spencer (NS), Madison Darr (SS), Crystal Curranco (SC), Allan West (WC), Stephanie Strunk (WS), Jamie Tokarz (MSS), Michelle Jones (MSN), Lance Shistl (JN), Kasey Hill (JS), Ahna Davis (CFA), Sue Ann Whisker (CHS), and Carrie Lair (ACE).

10/30/2023

- Erin Wilkes & Kelly Spencer met to review existing wellness policy and performed an audit for any new/deficient requirements based on:
 - Wellness Policy Requirements: Update from USDA Final Rule (Memo CNU-17-016 9/21/2016)
 - Arkansas Department of Education Child Nutrition Unit and School Health Services Healthy Schools Compliance Model
 - Federal Register, Volume 81, No 146, 7/29/2016, Rules and Regulations
 - ADE Wellness Committee Requirements Checklist

12/7/2023

- Wellness Committee met and discussed that no revisions were needed to the existing wellness policy. Triennial assessment results were discussed and approved by the District Wellness Committee.